



## Background

Galop, a leading organisation specialising in supporting victims and survivors of various forms of abuse within the LGBT+ community, has been at the forefront of providing crucial services for those who have endured persecution due to their sexual orientation or gender identity. For the past year, Galop has been offering interpretation services for counselling sessions, catering to survivors who have experienced mental and physical abuse, fleeing their home countries seeking safety and solace. They prioritised continuity and emotional safety by ensuring the same linguist was present throughout the series of counselling sessions. The approach aimed to build trust between the survivors and the interpreters, fostering a conducive environment for healing and communication.

## Challenge

The survivors seeking support have undergone severe trauma, enduring years of persecution and violence. Language barriers compounded their challenges in seeking help.

## Outcomes

- Galop prioritised continuity and emotional safety by ensuring the same linguist was present throughout the series of counselling sessions. This approach aimed to build trust between the survivors and the interpreters, fostering a conducive environment for healing and communication.
- The provision of interpretation services empowered survivors to fully engage in counselling sessions, allowing them to articulate their experiences without the hindrance of language barriers.
- Trained counsellors were able to provide tailored support, addressing the specific needs of each survivor.



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